

By train

Good public transport connections exist between the VU University Medical Center and the various train stations in and around Amsterdam. The closest railway station is Amsterdam Zuid station. From there, you can walk to the hospital in about twenty minutes or continue your journey by public transport.

From Noord-Holland: quick transfer at Sloterdijk. In the Zaanstreek area, trains depart for Amsterdam every fifteen minutes. When travelling from anywhere in the province of Noord-Holland (Alkmaar, Hoorn, the Zaanstreek area, Haarlem), an excellent transfer to express metro line 50 is available at Amsterdam Sloterdijk train station. The stop on this line closest to the hospital is Amstelveenseweg.

From Leiden/The Hague: six trains an hour. A direct slow train service to Amsterdam Zuid is available twice an hour (trains with destination Lelystad). Four more services an hour require a transfer at Schiphol Airport station. Get off at Amsterdam Zuid train station. So when travelling from The Hague, a total of six trains an hour will bring you to Amsterdam Zuid in about fifty minutes.

From Amersfoort and the north-eastern part of the Netherlands: four trains an hour (Leeuwarden, Groningen, Enschede, Zwolle). Excellent intercity train services connect Amersfoort and the north-east of the country to Amsterdam: for example, from Amersfoort, the train takes less than thirty minutes to reach Amsterdam Zuid/WTC. The other trains take fifteen minutes longer. Both direct services and services requiring a transfer are operated.

From the Gooi area and Flevoland: four trains an hour. Good train connections exist between the Gooi area and Flevoland and train station Amsterdam Zuid. At most train stations in the area, a direct service to Amsterdam Zuid/WTC is available twice an hour, with another half-hourly service requiring a transfer in Weesp. It takes about thirty minutes to get to Amsterdam Zuid from Almere.

For current travel information please check www.9292.nl, www.ns.nl or www.gvb.nl.

By tram/metro

Metro line 50

This line starts/ends at Isolatorweg and Gein and vice versa, calling at Amsterdam Sloterdijk train station. Get off at Amstelveenseweg. From there, it's a ten-minute walk to the hospital.

Metro line 51

This tram starts/ends at Amsterdam Centraal train station and Amstelveen Westwijk and vice versa, calling at Amsterdam Amstel train station. Get off at De Boelelaan/VU at the Buitenveldertselaan. From there, it's a little over a five-minute walk to the hospital.

Metro line 52

This line starts/ends at Amsterdam Noord station and Amsterdam Zuid station and vice versa. Get off at Amsterdam Zuid station. You can walk to the hospital in about twenty minutes or continue your journey by public transport.

- **Tram 5** This tram starts/ends at Amsterdam Westergasfabriek and Amstelveen stadshart and vice versa. Get off at the De Boelelaan/VU express tram stop at the Buitenveldertselaan. From there, it's a little over a five minute walk to the hospital.
- **Tram 24** This tram starts/ends at Amsterdam Centraal train station and De Boelelaan/VU and vice versa. Get off at the stop VUmc.

For current travel information please check www.9292.nl, www.ns.nl or www.gvb.nl.

By bus

Exit at De Boelelaan

- **Bus 62** The no. 62 bus runs between the Amsterdam Amstel and Lelylaan metro/railway stations and vice versa. Exit at VUmc.
- **Bus 341** The no. 341 bus runs between Amsterdam Zuid station and Hoofddorp Spaarneziekenhuis and vice versa. Exit at VUmc.
- **Bus 346** The no. 346 bus runs between Amsterdam Zuid en Haarlem NS and vice versa. Exit at VUmc. Not on Sunday!

Exit at Amstelveenseweg

- **Bus 357** The no. 357 bus runs between Kudelstaat and Amsterdam Central Station and vice versa. Exit at the De Boelelaan.
- **Bus 397** The no. 397 bus runs between Nieuw-Vennep and bus station Elandsgracht and vice versa. Exit at De Boelelaan.

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By car

The VU University Medical Center website contains a route planner (www.vumc.com/sitewide-header/directions-contact/). The A10 bypass to the south of Amsterdam is accessible from all directions. Leave the ring road at the exit \$108 Zuid/VUmc. At the end of this exit, turn left to get to the VU University Medical Center (see back of the leaflet). Parking spots might be occupied, The ANWB road signs indicate if there are available parking spots.

Parking

P1 VUmc (pay in arrears, coins, banknotes, electronic cash system and PIN)

The entrance to this car park is at Amstelveenseweg (see map). Look for the road signs stating P1 VUmc. This car park is available to visitors to the hospital, the VU University Medical Center Accident and Emergency Department (spoedeisende hulp (SEH)), GGZ inGeest mental healthcare center and the VU University Medical Center Guesthouse (Gastenverblijf). If you come to visit the Outpatients Clinic, you can park in P2 VUmc. P1 VUmc parking costs: € 1 per 17 minutes, daily rate € 30.

P2 VUmc (pay in arrears, coins, banknotes, chipknip electronic cash system and PIN)

The entrance to this car park is at the Gustav Mahlerlaan (see map). Look for the road signs stating P2 VUmc. P2 VUmc is available to visitors of the VU University Medical Center Outpatients Clinic. P2 is frequently used. The ANWB road signs indicate if there are available parking spots. Otherwise you can park in P1 VUmc. If you come to visit the hospital, you can park in P1 VUmc. P2 VUmc parking costs: € 1 per 17 minutes, daily rate € 30. This car park's headroom is 190 cm.

Parking underneath the Outpatients Clinic (pay in arrears, coins, banknotes, chipknip electronic cash system and PIN). Only available after 5.00 p.m. and at weekends.

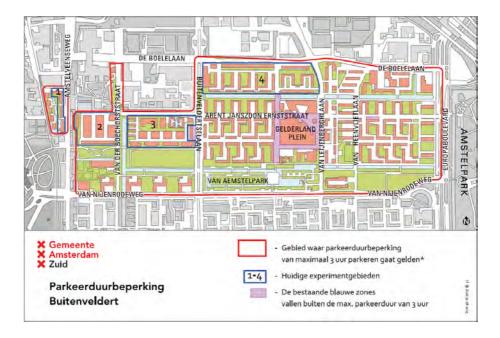
The entrance to this car park is next to the round building in front of the Outpatients Clinic. Mon-Fri between 5.00 p.m. and 0.00 a.m.: € 1 per 17 minutes. Saturday 0.00 a.m. to Sunday 0.00 a.m.: € 1 per 17 minutes.

Patient pick-up and drop-off

If you come to the VU University Medical Center by car or taxi, you can be dropped off or picked up in front of the hospital or Outpatients Clinic. Please note: you cannot park in this spot. Your driver can park the car in the P2 car park or outside of the hospital premises. These drop-off and pick-up spots can be identified by the K+R (kiss and ride) symbol.

Other parking spots

Paid parking spots are available around VUmc (see map). Monday to Friday between 9.00 a.m. and 7.00 p.m.: € 1.40 maximum 3 hours. Paying in advance. Free parking



after 7.00 p.m. and at weekends. For more information on parking facilities and fees in Amsterdam, please go to www.parkereninamsterdam.nl.

The parking meters on the street ask for your license plate number. So make sure you have it on hand, this prevents stagnation and delay. For more information: www.cition.nl/

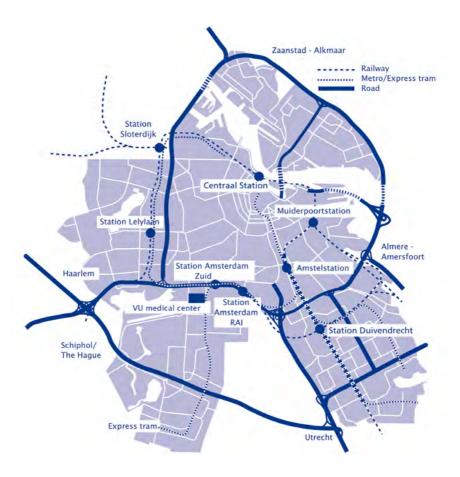
Parking public road (free)

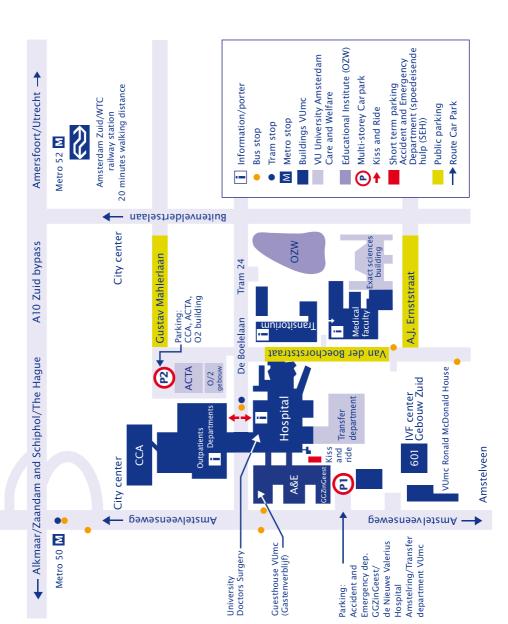
Free parking during the day is only possible at Kalfjeslaan. After 7.00 p.m. parking is free.

Parking is also free at Amsterdamse Bos after 10.00 p.m. From there on out, the VU University Medical Center is a ten-minute walk. For more information on parking facilities and fees in Amsterdam, please go to www.parkereninamsterdam.nl.

National parking permit (for the disabled)

If you carry a national parking permit, parking generally is free of charge if you follow the reception & security staff member's directions. Parking in these spaces is only possible if spaces are available and if you are able to show your parking permit. Please leave a copy of your national parking permit in the car, at a visible spot. Before leaving the hospital, present your original parking permit and appointment card at the VUmc reception. Our staff will validate your parking ticket for exiting.





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